

Welcome to our Star Group



**English Martyrs' Catholic
Voluntary Academy**

Our Aims

We aim to provide a secure, stable and non-threatening environment with a highly structured routine in which we,

- Give children space to express and communicate their feelings in constructive ways
- Help children to feel good about themselves, and raise their self-esteem & confidence, by providing activities which build on their strengths
- Value what the children do and make it special
- Provide a non-authoritarian, supportive, reliable, unconditional relationship within the school
- Help children to recognise and acquire positive behaviour and communication skills needed for the classroom and wider enrichment.

We follow the principles of Nurture as identified by the nurture group network.

The Six Principles of Nurture.

1. Children's learning is understood developmentally
2. The classroom offers a safe base
3. The importance of nurture for the development of wellbeing
4. Language is a vital means of communication
5. All behaviour is communication
6. The importance of transition in children's lives

Our Session



We spend a short time welcoming each other and hearing our good news.



Work and Make:

The curriculum is included in this session but in a fun and achievable way.



First Task:

To encourage independent working, using a variety of resources.



Second Task:

To encourage co-operation and imagination using games, puzzles and other group activities.



Circle Time:

We play circle time games working on self-esteem, speaking and listening skills, co-operation and sense of belonging to the group.



Snack Time:

We share a snack and a drink together around the table.



Story Time:

We spend time listening to a variety of stories allowing children to value the spoken word.



Celebrate:

Time to celebrate our achievements of the session.

